

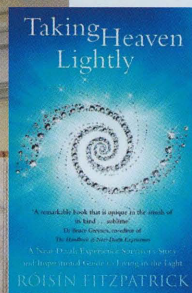


ROISIN FITZPATRICK'S

Little Black Book

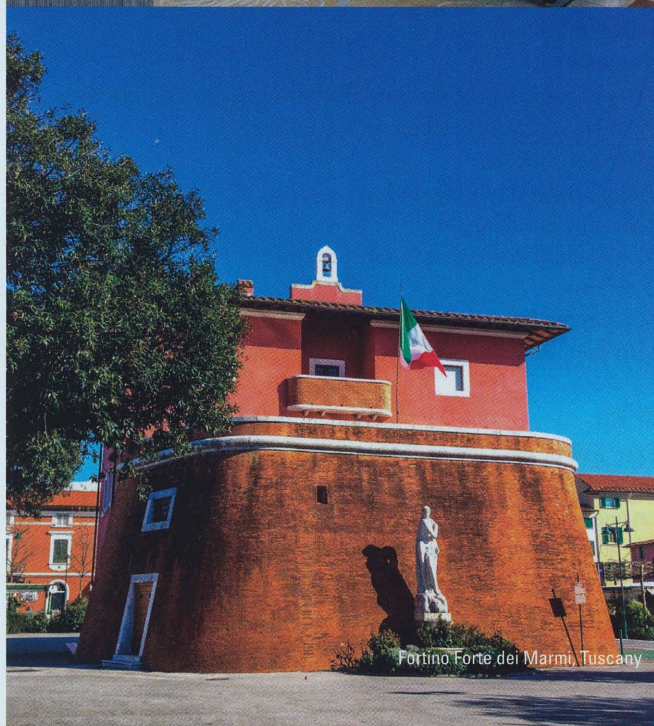
In her recently-released debut book, *Taking Heaven Lightly*, author and visual artist Roisin Fitzpatrick shares her remarkable life's journey following a near-death experience, having suffered a brain haemorrhage. To date, she has had more than ten exhibitions of her works in the United States.

In conversation with **Anne Boylan**



Taking Heaven Lightly
by Roisin Fitzpatrick,
€16.99,
Kennys.ie

Westbury Hotel, Dublin



Fortino Forte dei Marmi, Tuscany

Which is your favourite hotel? The Westbury hotel, Dublin. I love everything about this boutique-style hotel, from the opulent rooms to the Gallery, where delicious afternoon tea is served. And their fitness suite is simply out of this world. **Which is your favourite department store?** Bergdorf Goodman in New York City. Their window displays are exquisite works of art; so creative, imaginative and always a sheer joy to observe. **Which is your favourite restaurant?** I would prefer to have a picnic on the summit of the rhododendron path on the grounds of Howth Castle. There is no better feeling than dining al fresco with friends while watching the sun set over Dublin Bay. **Which is your favourite club?** New York City's Central Park, near the Shakespeare Statue, every Saturday evening during the summer months when Latin rhythms infuse the air. **Which is your favourite holiday destination?** Tuscany in Italy. When I was a child, I travelled most years to a lovely seaside resort called Forte Dei Marmi with my family. **What items do you never travel without?** Ear plugs, eye mask and my noise-proof headphones.

“There is no better feeling than dining al fresco with friends while watching the sun set over Dublin Bay.”